

## Living with Brain Injury, Stroke, Spinal Cord Injury and Neurological Changes By Zoom March 26-27, 2022

Time	Saturday March 26	Sunday March 27
9 am-10:15 am	<p><b>How Brain Injuries Change Digestion and Immune Function Via Inflammation</b>  <b>Dr Michael Hennes</b></p> <p>This presentation will cover concussion/mTBI Etiology, autonomic Nervous System review, trauma and the changes to the autonomic nervous system, the central nervous system, gut brain connections and considerations in mTBI/TBI, and metabolic concomitants following brain gut changes</p>	<p><b>Exploring alternatives in healing that might be different than the traditional allopathic medical model</b>  <b>Darcie A. Richardson, PhD</b></p> <p>I am a TBI Survivor and I am currently creating an online course for other TBI Survivors who are interested in exploring alternatives in healing that might be different than the traditional allopathic medical model.</p>
10:30-11:45	<p><b>The Neurology Behind Visual Symptoms After a Brain Injury</b>  <b>Sherry Lentfer, OD, FCOVD</b></p> <p>A review of the neurology of visual complications from a brain injury, symptoms and complications, and treatment options.</p>	<p><b>Domestic Violence And Wellness</b>  <b>Mandy Cole, ED, AWARE</b></p> <p>Fundamentals of domestic /sexual violence and trauma. Explanation and examples of how trauma informs behaviors, and how helpers can recognize signs of trauma and work with survivors. Brief explanation of secondary trauma and how to care for ones self.</p>
11:45-12:15	<b>Break</b>	<b>Break</b>
12:15-1:30	<p><b>From Hell to Health - The Therapies that Helped Me Heal</b>  <b>Dr Marcella Box</b></p> <p>4 years ago my world changed dramatically as a direct result of a mTBI. I left the clinic I built and the chiropractic practice I developed for 32 years. My presentation will outline the slow path to health. After much trial and error, I have developed several effective treatment approaches for myself. I will share these gems. I have deep compassion for those suffering as I did. I will present HOPE for those in the throws of this rough condition. Additionally, providers will appreciate a case study with a successful outcome.</p>	<p><b>An Alternative Approach to Physical Therapy for TBI's: Combining PT with MNRI</b>  <b>Angela Zielinski, Doctorate of Physical Therapy.</b></p> <p>This presentation will talk about MNRI, primary reflexes and 3 case studies to share after explaining the basics of Primary reflexes and why they're so important. Also covered will be contraindications and precautions.</p>
1:45-3	<p><b>The Role of an Attorney in Your Case</b>  <b>Arthur Leritz, JD</b></p> <p>This presentation will cover when and why to contact and attorney, considerations when hiring and attorney, what to expect and what the right attorney can do for you and your brain injury.</p>	<p><b>An Overview of Idaho's Traumatic Brain Injury State Partnership Program and Garrett Lee Smith Suicide Prevention Evaluation Contract</b>  <b>Russ Spearman</b></p> <p>This presentation will include an update on a grant for the Administration for Community Living to expand support to persons with traumatic brain injury. In addition a brief overview will be provided on evaluation efforts related tp a Garret Lee Smith Grant, which focuses on preventing and addressing youth suicide in Idaho</p>
3:15-4:30	<p><b>Marijuana and Alcohol - How they affect the brain</b>  <b>Kayt Zundel, ThinkFirst Oregon</b></p> <p>This presentation will briefly cover brain anatomy and function, information on how alcohol and marijuana affect the brain, and touch on addiction</p>	<p><b>Fall prevention - what you can do!</b>  <b>Kayt Zundel ThinkFirst Oregon</b></p> <p>Why do older adults fall? Learn about the top contributing factors and what you can do to help prevent falls.</p>
4:45-6	<p><b>Stem Cells and Brain Injury</b>  <b>Kipp Van Camp, D.O.,</b></p> <p>Dr. Van Camp will be presenting on current research and success with using stem cells to help recover from brain injury. Dr, Van Camp is the author of "Misdiagnosis: A Practicing Physician's Case Study of Health Care Reform," and hosts the popular "Doctor's Orders" radio show. A native of western Kansas, he is triple board certified in family medicine and radiology, Van Camp co-owns radiology practices in Kansas City and Topeka, Kansas, and is the owner and Medical Director of Rejuvenate Medical Spa in Topeka, where he administers minimally invasive cosmetic treatments.</p>	<p><b>Vision and Brain Injury - Dr. Macson Lee OD, FCOVD, COVD Oregon State Coordinator.</b></p> <p>What are some common vision problems associated with TBI? What do these problems look like? How do they feel? How do they impact recovery? What can we do about these problems?</p> <p>During this presentation we will discuss the underlying causes of vision problems associated with mTBI. Demonstrations and an opportunity to experience how these vision problems look and feel to the patient will be simulated with lenses, prisms, and other activities. Our goal will be to achieve a better understanding of how mTBI Impacts visual performance and to gain a better appreciation of the role vision plays In overall recovery.</p>