

SERVICES AVAILABLE AT: CENTERS FOR INDEPENDENT LIVING IN OREGON

“Independent Living” (IL): means that people with disabilities have the opportunity to make decisions about their lives and pursue activities of their choosing.

“Centers for Independent Living” (CILs): are organizations operated by people with disabilities, for people with disabilities. The CIL’s mission is to help people with disabilities live as independently as possible in communities that understand and value their contributions.



“CORE” SERVICES PROVIDED BY CENTERS FOR INDEPENDENT LIVING:

- Advocacy
- Independent living skills
- Information and referral
- Peer counseling

AUXILIARY SERVICES PROVIDED BY OREGON CILs:

- STEPS — teaches employer and IL skills to consumers with homecare workers
- Work Incentive Network (WIN) – provides benefits counseling for consumers considering work
- On the Move (OTM) — transition consumers out of nursing homes/institutions

PROVIDED BY ALL CILs BUT LEVEL/ AVAILABILITY VARIES...

- Americans with Disabilities Act (ADA) Consultation
- Support groups, classes, recreation activities
- Employment services
- Emergency preparedness
- Recreation project
- Drop-in business center
- Brain Train®

OREGON’S CILs: ADDITIONAL SERVICES AND SERVICE AREAS

CORIL — Bend, Oregon
Call: **541-388-8103**
www.coril.org

Provides “Core”, WIN, OTM and STEPS Services in Deschutes, Crook, Jefferson counties.

- Brain Train®
- Outreach to youth in schools – disability awareness
- Supported living
- Supported employment

EOCIL — Ontario, Oregon
Call: **541-889-3119** www.eocil.org
Pendleton, Oregon
Call: **541-276-1037**

Provides “Core”, OTM and WIN Services in Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler counties (also providing STEPS Services in Hood River, Sherman and Wasco).

- Life Transition services (assistance to move to community based housing) outreach to youth in schools – disability awareness
- Ryan White Case Management Services for individuals with HIV/AIDS
- Representative payee project for Social Security
- Recreation project
- Drop-in business center
- Brain Train®

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HASL — Grants Pass, Oregon

Call: **541-479-4275**

www.haslonline.org

Provides “Core” and OTM Services in Jackson and Josephine counties (also providing STEPS services in Coos and Curry; and WIN services in Coos, Curry, and Douglas).

- Transportation
- Durable medical equipment loan
- Sports and wheelchair recreation

ILR — Portland, Oregon

Call: **503-232-7411**

www.ilr.org

Provides “Core”, OTM, WIN and STEPS Services in Multnomah, Washington and Clackamas Tillamook, Clatsop and Columbia counties (also providing WIN services in Hood River, Sherman, and Wasco).

- Healthy Lifestyles Workshop — cross disability workshop with follow-up meetings
- Transcription services for Braille, audio, and large print

LILA — Eugene, Oregon

Call: **541-607-7020**

www.lilaoregon.org

Provides “Core”, OTM, WIN and STEPS Services Lane county (also providing OTM, WIN and STEPS Services in Benton, Linn, Lincoln, Polk, Marion and Yamhill).

- Blue Path
(recognizes accessible businesses)
- Disability Navigators
- Eugene Sounds
(internet radio service)
- LILA Accessible Mental Health Program
- Mental Health Peer Support Club
- OPAL Network (consumer directed mental health)

SPOKES — Klamath Falls, Oregon

Call: **541-883-7547**

www.spokesunlimited.org

Provides “Core”, OTM, WIN and STEPS Services Klamath and Lake counties.

- Brain Train®
- Lifespan Respite Care
- Living well with chronic conditions
- Powerful tools for caregivers

UVDN — Roseburg, Oregon

Call: **541-672-6336**

www.uvdn.org

Provides “Core”, OTM and STEPS Services in Douglas county.

- Kids on the Block
- Lifespan Respite Care
- Next to New Shop — sale of donated clothing
- Trans Link (non-ambulatory Medicaid medical transportation)

