

Pearls of Wisdom for CBIS Success

1. Trust yourself and rely on your experience
2. Break down the 8 chapters and study materials into single chapters
3. Begin each chapter by reading it, then read it again taking notes, and then continue to review those notes and the manual
4. Complete the question flash cards with answers on the back and keep them with you to quiz yourself throughout the training
5. Remember obstacles are an invitation to relax, don't let test anxiety throw you off your game
6. For newsletter, David Strauss Memorial lecture dates, continuing education forms, and other information go to www.aacbis.net
7. You can eat the chair one piece at a time, little by little...
8. YOU CAN DO THIS!

