



the

# HEADLINER

SEPT. 2001  
Vol. III Issue 2

THE NEWSLETTER OF THE BRAIN INJURY ASSOCIATION OF OREGON

## Annual Conference Issue – Register Now

Registration and Program Information on pages 5 – 8

### Meet Kara Swanson



Kara Swanson, 2001 Annual Conference keynote speaker, comes to us from Center Line, Michigan. Ms. Swanson suffered a traumatic brain injury in 1996 when a minivan running a red light struck her car. The accident caused few visible injuries, but left Kara with a “mild” brain injury that effectively ended life as she had known it.

Prior to her accident, Kara’s life had been active and full. She studied social work at the University of Michigan and was a member of the women’s basketball team. She also coached high school basketball and softball, motivating others with her inspirational talks. After college she worked as a catering manager at the Detroit Institute of Arts.

Kara has spent the months and years since the accident learning how to cope with her “new” life and make the most of it. Though her life has changed radically, Kara is still much the same person she used to be. Her yearning to share with others and her sense of humor remain intact.

Although Kara can no longer work in a traditional setting, she uses her motivation and education to help others who have suffered brain injuries. In an effort to reach out, she wrote a book in which she shares her experiences about the daily obstacles faced by closed head injury survivors and their families. The book, *Plu Carry the Fork!*, also provides useful information about caregiving, and dealing with physicians and lawyers.

Kara also brings her experience to medical professionals and community groups. She has been

keynote speaker for the annual meetings of the Brain Injury Associations of Maryland and Georgia, and has addressed numerous support groups and TBI-related organizations in her native Michigan.

While she still struggles daily with impairments, Kara lives on her own and cares for her father, who also has suffered cognitive damage due to multiple strokes.

Kara has learned to face the challenges of dealing with a disability by reaching out to others through her inspirational writing, and by actively celebrating everyday life. In May 2000 the Rehabilitation Institute of Michigan (Detroit Medical Center/Wayne State University) honored her for “the outstanding accomplishments of an individual who has been living with a disability for less than five years.” The award was appropriately called the Rising Star Award for Excellence in Achievement.

Please plan to join us in welcoming Ms. Swanson on October 6th in Wilsonville. The Association wishes to express its appreciation to Care Medical Equipment, Incorporated for its generous assistance in making Ms. Swanson’s appearance possible. We also appreciate the assistance provided by Kara’s publisher, Rising Star Press.

### What’s Inside?

Annual Conference Speakers .....	2
President’s Corner .....	3
Eugene Mentoring Program .....	4
Annual Conference Program & Registration Information .....	5-8
Conference Sponsors & Exhibitors .....	8
Volunteer Opportunities .....	9
Membership Form .....	9
BIA Olmstead Training Held .....	10
Research & Resources .....	11

---

## Annual Conference Speakers

---

The Association is happy to announce that the following following speakers will be presenting at the annual conference on October 6<sup>th</sup>:

**Mark J. Ashley, M.S., CCC-SLP, C.C.M.**...is Co-Founder and President of Centre for Neuro Skills (CNS), which provides post-acute brain injury rehabilitation programs at facilities in Bakersfield and Encino, California, and Irving, Texas. He also serves as Executive Director and is a board member of the Western Institute of Rehabilitation and is an Adjunct Professor in the Southern Illinois University's Department of Communication Disorders and Sciences.

Mr. Ashley has published two books — *Traumatic Brain Injury Rehabilitation* and *Working with Behavior Disorders: Strategies for Traumatic Brain Injury Rehabilitation* as well as numerous research articles dealing with neurological rehabilitation and rehabilitative outcomes.

**Dannielle L. Erb, M.D.** ...owns and operates Brain Rehabilitation Medicine, LLC in Portland, OR. From 1991 to 2001, Dr. Erb was Director of the Inpatient Brain Injury and Medical Director of Re-Entry Services with Rehabilitation Medicine Associates in Portland.

Dr. Erb received her medical degree at OHSU and completed her residency in Physical Medicine and Rehabilitation at the University of Colorado Health Sciences Center in Denver, CO where she was named Chief Resident. She also serves on the Advisory Council of the Brain Injury Association of Oregon.

**Gary Gitner**... is a Public Affairs Specialist with the Social Security Administration(SSA) in Beaverton, OR. He has over 20 years experience with the SSA as a claims representative and supervisor in several SSA field offices. Since enactment of the Ticket to Work and Work Incentives Improvement Act of 1999" (TWWIIA), Mr. Gitner has been involved in developing and

disseminating information to the public regarding the Act and its implementation in Oregon. In this capacity, he is working with an interagency work group including representatives from the Oregon Department of Human Services, the Oregon Disabilities Commission and the Commission for the Blind.

**Janna Starr**...is Executive Director of the Oregon Council on Developmental Disabilities. Previously, she was Director of Public Policy for the national Brain Injury Association in Alexandria, VA, leading BIA's Public Policy and Legislative Advocacy efforts. Prior to that, Janna was Senior Policy Associate for United Cerebral Palsy Associations, Inc.; Policy Analyst for the Oregon Advocacy Center and Executive Director of The Arc of Oregon.

Among her several publications on health care and long-term care needs, Janna authored *Public Spending on Traumatic Brain Injury (TBI): A Snapshot of FY 1998 in the USA* under contract to BIA.

**Douglas A. Swanson**... is a partner with Swanson, Thomas and Coon in Portland, OR. He was admitted to the Oregon State Bar in 1980. He is a magna cum laude graduate of the University of New Mexico and obtained his J.D. degree from Lewis and Clark Law School.

Mr. Swanson has represented over 2,000 injured workers over the last 20 years. He has particular interest and experience in representing people who have suffered head injuries, and in litigating toxic chemical cases. He has authored several articles on work-related injuries as well as being a contributor to the Oregon State Bar Continuing Legal Education Textbook on Workers' Compensation. He is a past president of Oregon Workers' Compensation Attorneys (OWCA), and in 2001 he was honored with the Douglas W. Daughtry Professionalism Award from the Workers' Compensation Section of the Oregon State Bar.



**ROGER K. EVANS**  
ATTORNEY AT LAW

675 CHURCH STREET NE  
SALEM, OREGON 97301  
(503) 585-2121

### NEURONET LLC

**Kristi A.S. Schaefer RN BS**  
President and CEO

Neurological Rehabilitation Coordination  
Treatment Planning Placement Options  
Program Representation

21981 South Farm Pond Court • Oregon City, OR • 97045-9107  
Office 503.632.4322 • Fax 503.632.5024 • [coppercreek@bigslanet.com](mailto:coppercreek@bigslanet.com)

---

## President's Corner

---

You've heard the saying: "it takes a village to raise a child". Persons involved with brain injury certainly recognize that an extended community of caring people helps survivors and their families travel the long road to recovery after injury.

Recently, representatives of BIAOR attended a three-day training by BIA USA covering the Supreme Court's landmark Olmstead decision. That decision interpreted Title II of the Americans with Disabilities Act (ADA) and its implementing regulation as requiring States to administer their services, programs, and activities "in the most integrated setting appropriate to the needs of qualified individuals with disabilities." A June 19<sup>th</sup> Executive Order by President Bush stated that the Federal Government must assist States and localities to ensure all Americans "the opportunity to live close to their families and friends, to live more independently, to engage in productive employment, and to participate in community life."

Ensuring such opportunity will require expanding community-based supports so that there is real choice to live in less institutional settings. The BIA training provided information on options for enhanced home and community services to persons with disabilities. But the central message was that cross-disability partnerships will be crucial in bringing about effective plans for State Olmstead decision compliance. In Oregon, an informal Olmstead working group including BIAOR and other disability advocacy organizations has been formed and will begin meeting in early September to develop a shared vision and action plan.

What does all this imply for BIAOR? Here is at least a partial list:

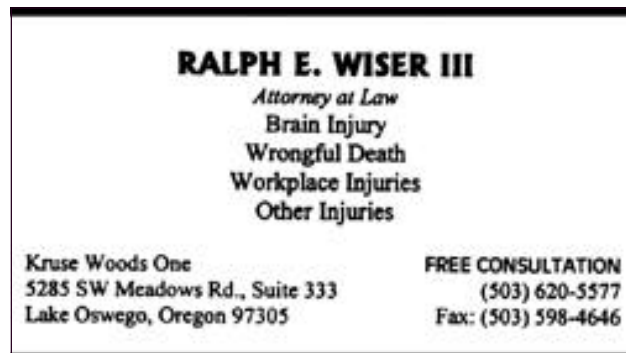
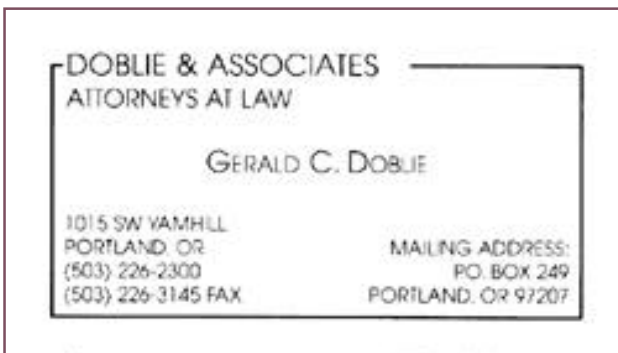
1. We are not alone. Persons with brain injury have unique issues, but also have much in common with other disability groups. BIAOR

must continue to be a part of cross-disability coalitions to effectively pursue shared goals.

2. BIAOR should enhance its community base and presence by encouraging local chapters or councils within the Association structure. An initial step in this direction was accomplished last year with the affiliation agreement between BIAOR and BISG Portland. Full merger will be pursued over the next few months.
3. BIAOR must strengthen partnerships with community-based organizations that are or could be providing services to persons with brain injury. We recognize that organizations too numerous to list here perform services such as hosting brain injury support groups, providing vocational services, etc. As an example of one effort to improve our ties with such organizations, BIAOR recently initiated a dialogue with the several Independent Living Centers regarding participation in the Oregon Brain Injury Resource Network. If agreement is reached, the Centers would provide a local point of contact for persons seeking resources and help OBIRN maintain up to date resource information.

Cross-disability collaboration is critical to our mission of "improving the quality of life of persons with brain injury..." I invite your ideas and involvement as we work with others for improved home and community services for all who need them. I hope to see you at the Annual Conference on October 6th.

Bill Olson  
President



# Mentoring

by Paul Zosel, Eugene

Learning can be a challenging task following an acquired brain injury (ABI). People who are there to listen, help and guide have a great impact on choices for those relearning old and gaining new skills following an injury.

I have been involved with training and mentoring programs for many years. Currently, I am working with an active board of directors, local secondary and elementary teachers and the Counseling, Family and Human Services Program at the University of Oregon to develop the Community Mentor Network (CMN).

The CMN identifies teens with acquired brain injury (ABI) and students who have similar challenges as a special needs group in our community. Program goals are: 1) to provide social and rehabilitative support to teens through recreational/social activities; and 2) to advocate for and support activities which help to integrate teens into the social life of their families, schools, and communities. The following programs are designed to work in combination to help establish the needed community support.

## Tai Chi

An after school Tai Chi program will be offered for middle school students starting January 2002 school year. The focus will be to develop participants balance, confidence, focus, flexibility and to learn skills to better the health of both body and mind. Additional information on the Tai Chi program is available.

## Community Education Program (CEP)

This program will include information illustrating the traumatic social effects brought on by severe acquired brain injury and similar challenges present for students in school. There is a lecture process that will be followed by structured exercises to develop communication and awareness skills. The program will include the participation of mentors who have participated with CMN programs.

**JENSEN, ELMORE & STUPASKY, P.C.**  
ATTORNEYS AT LAW  
DAVID JENSEN

EUGENE OFFICE  
1399 FRANKLIN BLVD., SUITE 220  
EUGENE, OREGON 97403  
(541) 342-1141

SISTERS OFFICE  
220 S. ASH + P.O. BOX 1408  
SISTERS, OREGON 97759-1408  
(541) 549-1617

## Mentor Training

Internships with the Community Mentor Network are planned for undergraduate and graduate students in the Counseling, Family and Human Services Program at the University of Oregon. This program will provide skill training for the Mentor Coordinator to develop skills in working with six mentors during the Winter and Spring quarters.

For additional information about the Community Mentor Network, please contact Paul Zosel at (541) 686-1842.

Severe spasticity is tight, stiff muscles that make movement – especially of the arms and legs – difficult or uncontrollable.

**Has a brain injury given you or someone you care for this symptom?**

There are ways to help control even the most severe spasticity in adults and children.

For more information, talk to your doctor and call Steve Garland with Medtronic at 1-800-638-7621, ext. 95886.

 **Medtronic**  
When Life Depends on Medical Technology



The Brain Injury Association of Oregon

A Chartered State Affiliate of the Brain Injury Association, USA

Presents:

# Help and Hope 2001: Reclaiming Life After Brain Injury

A conference for brain injury survivors and their families,  
professionals, service providers & all others interested in brain injury.

## Featuring Keynote Speaker Kara Swanson

*After sustaining a brain injury in an auto accident in 1996, Kara Swanson realized the many challenges and difficulties survivors of TBI face. Her determination to find and utilize the support and information that could aid in her recovery eventually became her first published book, I'll Carry the Fork! Recovering a Life After Brain Injury. Kara offers a humorous and uplifting message, detailing her own recovery and sharing vital information designed to help survivors and their support people, as well as professional members of the brain injury community.*

## Other Confirmed Presenters Include:

Mark Ashley, President, Center for Neuroskills, Bakersfield, CA  
Danielle Erb, MD, Brain Rehabilitation Medicine, LLC, Portland, OR  
Gary Gitner, Social Security Administration (SSA) Public Affairs, Beaverton, OR  
Janna Starr, Executive Director Oregon Council on Developmental Disabilities, Salem, OR  
Doug Swanson, Attorney, Swanson, Thomas & Coon, Portland, OR

BIAOR Annual Conference &

Membership Meeting

---

**October 6, 2001**

**Holiday Inn Select, Wilsonville, Oregon**

## BIAOR Conference 2000 Registration Form

Register early and Save! Join BIAOR and save even more!!

Please Note: A separate registration form is required for **each person** attending. Thank you.

Name (please print) \_\_\_\_\_

Category (check one)     Survivor     Family Member     Professional     Other

Affiliation/Company \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Affiliation/Company: \_\_\_\_\_

Continuing Education Credits (CEU's have been applied for. Are you requesting CEU's for this conference?)  Yes  No

Special Needs:  Respite Room     Large Print Handouts     Portland Area Transportation     Other (Specify Below):  
 \_\_\_\_\_  
 \_\_\_\_\_

Please check all that apply:

- I am interested in volunteering at the conference. Please call me.     Friday 5th     Saturday 6th     Both Days  
 I would like to make a donation to cover costs of survivors unable to pay (see Scholarship Contribution below)  
 Call me about sponsorship/exhibitor opportunities

<b>Conference Registration Fees:</b>	<b>Individual</b>	<b>Professional</b>	<b>Courtesy<sup>1</sup></b>	<b>Amount</b>
BIAOR Member <sup>2</sup>	\$35	\$75	\$5	\$ _____
Non-Member <sup>2</sup>	\$45	\$95	\$15	\$ _____
New or Renewing Membership Fee (See Below)				\$ _____

I want to:  Join or:  Renew my membership in BIAOR NOW and receive the discounted registration fee:

Basic - \$35     Family- \$50     Professional - \$50     Sustaining - \$100     Courtesy - \$5

Please check the appropriate membership category and add to new or renewing membership fee line

**Subtotal Registration and Membership Fees**    \$ \_\_\_\_\_

Discount for registration postmarked by 9/27/01    (\$5)                                    (\$10)                                    None                                    \$ \_\_\_\_\_

Scholarship Contribution (donation to cover cost of survivors unable to pay fee)                                    \$ \_\_\_\_\_

**Total all of the above**    \$ \_\_\_\_\_

- Notes** 1. Courtesy rate is for brain injury survivors and individual family members with limited means  
 2. Current membership per our records is indicated by MEM following name on address label. Call office to confirm status if in doubt.

Enclosed please find my check / money order payable to BIAOR in the amount of:                                    \$ \_\_\_\_\_

Please charge to my credit card:     Visa     MasterCard     Discover                                    \$ \_\_\_\_\_

Card Number : \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Print name as it appears on card : \_\_\_\_\_

Signature of Cardholder : \_\_\_\_\_

Thank you for your payment in full and for pre-registering!! Please mail your registration form and payment to:

**BIAOR Conference 2001**

1118 Lancaster Dr. NE, PMB 345

Salem, OR 97301

Phone: 800-544-5243 or 503-585-0855    Fee charged to credit cards may be faxed to BIAOR at 503-585-0888.

## BIAOR Annual Conference and Membership Meeting

The Brain Injury Association of Oregon (BIAOR) invites you to participate in its Annual Conference and Membership meeting, "Help and Hope 2001: Reclaiming Life After Brain Injury." The all day conference will be held on Saturday October 6<sup>th</sup> 2001 at the Holiday Inn Select in Wilsonville. Conference attendees are also invited to attend an evening social event for brain injury survivors on Friday, October 5<sup>th</sup>. The social will be hosted by the TBI Club of Portland.

# Preliminary Conference Program

## Friday October 5<sup>th</sup>

**1:30 to 4:30 PM**

Brain Injury Support Group Facilitators Workshop

**5:00 to 7:30 PM**

Survivors Social: Hosted by the Portland TBI Club

## Saturday October 6<sup>th</sup>

**8:00 - 9:00 AM**

Registration and Check In; Coffee, Juice and Rolls

**9:00 - 9:10 AM**

Welcome and Announcements

**9:10 - 10:00 AM**

Keynote Presentation: Kara Swanson  
I'll carry the Fork! Recreating Successful Lives After Brain Injury

**10:00 - 10:30**

**Break**

**10:30 - 11:45**

Panel Presentation: "Six Survivors Share Their Experience, Strength and Hope."

**11:45 - 1:00**

**Lunch**

**Breakout Sessions**

**Track I – Employment**

**Track II - Brain Injury Rehabilitation**

**Track III - Advocacy & Independence**

**Session A**  
**1:00 - 2:00 PM**

ADA: What Does It Mean To You? • D. Swanson

Managing Anger and Depression  
• Mark Ashley

Olmstead Decision: A Mandate For Change • J. Starr

**2:00 - 2:30 PM**

**Break**

**Session B**  
**2:30 - 3:30 PM**

Work Incentives Act: Work Without Penalties? • G. Gitner

Advances in Cognitive Rehabilitation  
• D. Erb., M.D.

Get Involved: Outreach & Advocacy for Personal Development • Panel

**3:30 - 3:45 PM**

**Break**

**3:45 - 4:15 PM**

Conference Wrap Up: Concluding Session for all Attendees - Announcements / Thanks / Awards

**4:15 - 5:00 PM**

Annual Membership Meeting  
Agenda: Call to Order and Introductions; President's Report; Treasurer's Report; Board Member Elections [Only Association members may vote], Other Business; Adjourn

## Accommodation Information

Please make reservations directly with the Holiday Inn Select or at the motel of your choice. Make reservations early to be sure of getting special conference rate shown below. Mention the keywords "Brain Injury" when you call. Add 7% city tax to rates shown below.

◆ **Holiday Inn Select – 25425 S.W. 95<sup>th</sup> Avenue • Wilsonville, OR 97070 • 503-682-2211**

Special Conference Rate:      \$ 69.00 Two Beds                      \$ 55 One Bed                      Mention "Brain Injury"

◆ **Best Inns & Suites - 8815 S. Sun Place (East of I-5 off boone's Ferry Rd.) Wilsonville, OR 97070 · Ph: (503) 682-3184**

Special Conference Rate:      \$41.00 Two Persons      \$35.00 One Person      Mention "Brain Injury"

Four rooms handicapped equipppd with roll-in showers (All others ADA compliant)

### Directions to Holiday Inn Select

**Driving from the North:** Take I-5 south to North Wilsonville Exit 258. Turn right at the off-ramp onto Boone's Ferry Road then left at first signal and continue to the hotel;

or

Take I-205 South to 1-5. Merge onto I-5 South and follow directions for Driving from the North above. The North Wilsonville, Exit 258 is approximately 2 miles south of the intersection of I-5 and I-205.

**Driving from the South:** Take I-5 north to North Wilsonville, Exit 258. Turn left at the top of the off-ramp onto Boone's Ferry Road. Continue across bridge over I-5 and turn left at first signal; then continue to the hotel.

Public bus and van transportation in the Portland area: Call the BIAOR-Portland office at 503-413-7707

The Association  
acknowledges the  
generous support  
these  
conference sponsors  
and exhibitors:

#### Sponsors

- Oregon Medical Case Management Group (OMCMG) - Platinum Level
- Care Medical Equipment, Inc. - Gold Level

#### Exhibitors

- Avamere Health Services, Wilsonville, OR
- Brain Rehabilitation Medicine, LLaC, Portland
- Centre for NeuroSkills, Bakersfield, CA
- Homeward Bound, Portland, OR
- Medtronic, Inc., Minneapolis, MN
- NeuroNet. LLC, Oregon City, OR
- Progressive Rehabilitation Associates, Portland, OR

Residential Alternative Housing, Inc.



3005 Windsor Ave. NE ♦♦ Salem, OR 97301  
(503) 581-0393  
Jean Kindsvogel ♦♦ Administrator

**RL SNIDER & ASSOCIATES**

Specializing in  
Traumatic Brain Injury  
Case Management-Facilitation  
& Advocacy

Phone: (503) 665-5437  
Fax: (503) 665-5437  
e-mail: rlsniderassoc@aol.com

CAROL CHRISTOFERO-SNIDER, MS  
Rehabilitation Specialist

## Newsletter and Web Volunteer Help Sought

Newsletter: We are seeking volunteers for the following newsletter jobs:

- Newsletter Editor
- Newsletter Design/Setup: requires skills in using desktop publishing software such as Adobe PageMaker.
- Newsletter Contributors/Reporters: solicit and help prepare or coordinate submittals from members, support groups, survivors, professionals.

Web Page: We are grateful to Karen Stoeffler of Oregon Rose Associates, Corvallis, for contributing services as webmaster. Volunteers are needed to contribute to and update site content.

For more information, please call Bill Olson at 503-589-1751.

## The Dean-Woodcock Neuropsychological Research Project

**The primary goal of this project is to determine neuropsychological impairment. Areas measured include memory, comprehension, visual and auditory perception, and others.**

**If you have had a brain injury (any ages), and are interested in participating, a researcher will administer three sets of tests in three sessions (about nine hours total). You will receive \$15.00 per hour.**

**Please contact Jessica Sund, at 1-888-917-7719 outside the Portland area or at 503-274-7719 in Portland, Oregon. Ms. Sund will also be at the Annual Conference on October 6<sup>th</sup> for the convenience of those attending who may be interested.**



### Brain Injury Association of Oregon

(Includes BIAOR Portland)

New Member  Renewing Member

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

#### Type of Membership

- Basic \$35 — (\$50 for family)  
 Professional \$50  
 Sustaining \$100  
 Survivor Courtesy — \$5 (A reduced rate for persons with a brain injury and limited resources)

#### Sponsorship

- Bronze \$250  Silver \$500  
 Gold \$1,000  Platinum \$2,000

Additional Donation/Memorial: \$ \_\_\_\_\_

In memory of:  
Name \_\_\_\_\_

#### Member is:

- Individual with brain injury  
 Family Member  
 Professional. Field: \_\_\_\_\_  
 Other: \_\_\_\_\_

#### Type of Payment

- Check payable to BIAOR for \$ \_\_\_\_\_  
 Charge my VISA/MC/Discover Card  
Card number: \_\_\_\_\_  
Expiration date: \_\_\_\_\_  
Print Name on Card: \_\_\_\_\_  
Signature of Approval: \_\_\_\_\_

Please mail to:

BIAOR Membership  
1118 Lancaster Drive NE, PMB 345  
Salem, OR 97301  
503-585-0855 or 800-544-5243

## BIA Hosts Post-Olmstead Training in Portland



*Marilyn Hern, Idaho (L) & David Jensen, Portland (R) team with BIA Executive Director Allan Bergman (C) at BIA's Post Olmstead Training Conference in Portland. Marilyn and David spoke to conference attendees about their personal experience with brain injury.*

On August 14–16 in Portland, BIA National in cooperation with the Independent Living Research Utilization program (ILRU), conducted training for disability advocates from Oregon, Washington, Idaho and Alaska. The overall objective of the training was to prepare advocates and state officials to advance implementation of the Supreme Court's 1999 Olmstead decision within each state.

In Olmstead, the Court held that it is a violation of the ADA for states to discriminate against people with disabilities by providing services in institutions when the individual could be served more appropriately in a community-based setting. At BIAOR's Annual Conference on October 6<sup>th</sup>, Janna Starr will be presenting on the implications of the decision and identifying opportunities to for cross-disability advocacy and action to increase independent living options.

A recent study by the National Conference of State Legislatures reported that for 1999, Oregon was the only State to spend more of its Medicaid long-term care funds on home care (56%) than on institutional care (44%). On this measure, at least, Oregon is a national leader. Should we be satisfied? Or, should we be promoting a higher performance standard? Join us on October 6<sup>th</sup> to learn more and decide for yourselves.

### KAMPFE MANAGEMENT SERVICES



We are a community based  
rehabilitation program  
For  
**Traumatically Brain Injured Adults.**  
Cognitive retraining in a residential setting.

**Long Term Services  
Community Services  
Transitional Services**

503-788-3266  
e-mail: [pmg@integrityonline.com](mailto:pmg@integrityonline.com)

"A successful man is one who can build a firm foundation with the bricks that others throw at him."

—David Brinkley

### SWANSON, THOMAS & COON Attorneys

Since 1981, we have handled some of Oregon's largest workers' compensation and personal injury cases.

We represent people with Mesothelioma, Brain Injuries, Herniated Discs and Orthopedic Injuries including Quadriplegia and Paraplegia.

(503) 228-5222

Free initial consultation

For more information, visit our web page:  
<http://www.stc-law.com/>



The Oregon Brain Injury Resource Network's (OBIRN) mission is to improve access to information for individuals with brain injury, their families, and the professionals who serve them. Contact OBIRN at (800) 544-5243.

Hello all! For this issue I want to introduce you to the Traumatic Brain Injury Technical Assistance Center (TBI-TAC) website. TBI-TAC is supported and administered by the Department of Health and Human Services' Health Resources and Services Administration, Maternal and Child Health Bureau. It was established to help States in the planning and development of effective programs that improve access to health and other services for individuals with TBI and their families. However, the site also has information that others may find useful and interesting. Clicking on the Tool Box link allows searchers to access products developed by the participating States. From this page the Full Text Online link will bring up full text documents related to brain injury. Examples include:

- **When Your Child's Head Has Been Hurt**  
This publication helps families, school nurses, pediatricians, and other children's health specialists identify post concussive disorders after discharge from the emergency department or hospital. Its layout and language level are designed to be easily accessible to the general public.
- **Traumatic Brain Injury in Children and Teens: A National Guide for Families**  
This parents' guide is intended to help families

whose children have sustained brain injuries understand and cope with their child's injury and treatment, locate the appropriate health care services, and find ways to pay short and long term bills. Divided into seven progressive chapters, the guide walks parents through each step of their child's recovery from the hospital to the home. Real life examples, charts, and questionnaires personalize the text. (This is a large document. It may take awhile to download and print.)

- **Traumatic Brain Injury Facts: Vocational Rehabilitation and Employment Services**  
This fact sheet provides an overview of TBI for vocational rehabilitation counselors. It also offers strategies for improving employment outcomes after a brain injury
- **Family Advocacy Skills Training (F.A.S.T.): A Handbook for Family Advocates**  
This handbook presents skills that can help family members find, collect, and organize information to understand the present situation of the individual with a brain injury and his or her family, describe the changes that each would like to make, and create a plan to make those changes. (Large document)
- **Facts About Concussion and Traumatic Brain Injury**  
This illustrated guide contains a mini glossary of medical terms, lists of expected physical, cognitive, and behavioral changes, and helpful tips for individuals with TBI and their family members.

Some of these publications are also available in Spanish.

This TBI-TAC web address is:  
<http://www.tbitalac.org/index.cfm>

As always, if you don't have access to the web but would like copies of any of the items mentioned in this column just give me a call.

**NORTHWEST OCCUPATIONAL MEDICINE CENTER, LLP**  
www.nwomc.com Excellence since 1972  
**Michael Leland, Psy.D., CRC**  
Director  
mleland@nwomc.com  
12250 SW Garden Place (503) 684-7246  
Portland, Oregon 97223 fax (503) 624-0724



# the HEADLINER

1118 Lancaster Dr. NE, PMB 345  
Salem, OR 97301

NON-PROFIT ORG  
U.S. Postage  
PAID  
SALEM, OR  
PERMIT No. 106

The material in this newsletter is provided for education and information purposes only. BIAOR, Teaching Research and the TBI Model Systems Project do not support, endorse or recommend any method, treatment, facility, product or firm mentioned in this newsletter. Always seek medical, legal or other professional advice.



Brain Injury Association of Oregon  
U.S. Department of Education  
Oregon Department of Education  
Teaching Research - Eugene  
Oregon TBI Model System



The *Headliner* is supported in part by MCJ-41TB23-01 from the Department of Health and Human Services, Health resources and Services administration, Maternal and Child Health Bureau.



Thank you to all our contributors and advertisers.

## HOW TO CONTACT US

Brain Injury Association of Oregon (BIAOR)  
1118 Lancaster Drive, NE, PMB 345  
Salem, OR 97301-2933  
Voice: (503) 585-0855 (Salem)  
Toll free: (800) 544-5243  
Email: [biaor@biaor.org](mailto:biaor@biaor.org)  
Website: [www.biaor.org](http://www.biaor.org)

BIAOR - Open List  
Email: [biaor@biaor.org](mailto:biaor@biaor.org)  
Voice: (503) 585-0855

Brain Injury Association of Oregon, Portland  
2145 NW Overton  
Portland, OR 97210-2924  
Voice: (503) 413-7707  
Email: [headsip@pacifier.com](mailto:headsip@pacifier.com)  
Website: [www.pacifier.com/~headsip/](http://www.pacifier.com/~headsip/)

Teaching Research, Eugene  
Voice: (541) 346-0593 (Eugene)  
Tollfree: (877) 872-7246  
Email: [cathyt@oregon.uoregon.edu](mailto:cathyt@oregon.uoregon.edu)

Oregon TBI Model Systems  
Voice: (503) 494-7015  
Email: [brookem@ohsu.edu](mailto:brookem@ohsu.edu)  
Website: [www.ohsu.edu/som-ntrg/](http://www.ohsu.edu/som-ntrg/)

Oregon Brain Injury Resource Network  
Voice: (503) 585-0855 (Salem)  
Tollfree: (800) 544-5243  
Email: [tbi@wou.edu](mailto:tbi@wou.edu)  
Website: [www.tr.wou.edu/tbi](http://www.tr.wou.edu/tbi)