Medical Legal Conference

Living with Brain Injury, Stroke and other Neurological Changes:

One Step At A Time

Hosted By:
Brain Injury Alliance of Oregon
Brain Injury Alliance of Washington
Brain Injury Alliance of Idaho
Alaska Brain Injury Network
Oregon Trial Lawyers Association

March 1-3, 2018
Sheraton Portland Airport Hotel
Portland, Oregon
Dear Conference Participants:


We will be joined by attorneys, physicians, health care professionals, health agencies, business and education communities, APD and Vocational Rehabilitation from Oregon, Washington and Nationally, Brain Injury Alliance members, survivors, family members, advocates from 11 states, and leading health and legal stakeholders.

Washington, Idaho, Alaska and Oregon have once again united to provide up to 23 hours of continuing educational units. The Planning Committee has assembled an excellent program featuring keynote presentations, concurrent sessions, and networking opportunities that will promote partnerships and new relationships among professionals, non-professionals, survivors and family members in the brain injury community. Our program is focused on positive outcomes for those living with brain injury and neurological changes. I want to thank all of our outstanding speakers for donating their time and sharing their knowledge with us.

Please join me in thanking the committee members for their outstanding work: The BIAOR Board of Directors, OTLA, and many others: and our many volunteers including our AV volunteer Thomas Moore and Shane Stock, and general conference volunteers Becki Sparre, Chuck McGilvray, Jill Keeney, and Karen Jaeger and Mary Kelly from BIA Idaho, Deborah Crawley and Nicole Graff from BIAWA.

We also wish to thank our sponsors and exhibitors for making this conference possible.

Enjoy!

Sherry Stock, ABD/PhD MS, CBIST
BIAOR Executive Director - Neurogerontologist
Overview
An entire day devoted to effective ways caregivers and families can work with clients and individuals with brain injury and other neurological disorders and the best practices being used.

8:00 am – 10:45 am Inspiring Change: Tips and Techniques for Modifying Behavior - Matthew Kampfe

11:00 am - 12:00 pm What you need to know about working with Challenging Behaviors  - Karen Campbell and Jill Selman
- Interactive Case Study: How to find the right fit for each brain injured person -Comparing and contrasting two case studies
- Establishing a Baseline - Less is more: how medications can make all the difference in a brain injured person
- Recognizing Confusion vs. Behaviors - Understanding the why.

12:15 pm – 1 pm Working Lunch Strategies for Working with Challenging Behaviors - Matthew Kampfe, Karen Campbell and Jill Selman

1:15 pm – 3:00 pm Strategies for Working with Challenging - Karen Campbell and Jill Selman
- Activities as therapy - Importance of creating fun activities that also serve as therapies
- Manners make a difference - Expectations set the foundation
- Color Coding - How color coding can assist brain injured persons, families and staff.
- Finding appropriate Resources - How to find the right resources at the right time

3:15-5:00 pm Using Music to Calm Challenging Behaviors - Lillieth Grand and Karen Campbell
Music is a powerful tool because it follows unique neural pathways and functions globally in the brain. Because of this, the music therapist is able to access neural function using music to assist their patients to achieve rehabilitative, habilitative and palliative goals. This presentation will define music therapy as it pertains to rehabilitation. Goals of music therapy as well as several case examples will be shared.

Presenters
Karen Campbell, BA, was the owner operator of two TBI homes in the greater Portland area that provided services to persons with Traumatic Brain Injury, Acquired Brain Injury, as well as Neurologically Disabled Persons. Karen has over 30 years of providing incredible service for her clients. The mission of the program was to develop a person centered care plan, with the goal to gain as much independence as they are capable of in a home like environment. This is achieved by limiting it to a maximum of five residents per home. Residents usually come to the home straight out of the hospital, some still in coma status. They placed high emphasis on the residents relearning their basic activities of daily living; such as, basic range of motion, swallowing, eating, and toileting. After they learned the basic activities of daily living they then started encouraging the resident to enhance the skills they have learned. At which point the resident will be ready to move on to the next phase of the program. When a resident started their restorative program they concentrated on large motor skills such as, standing, bearing weight, walking, or other forms of mobility, much of the residents time is spent in the gym, Hippo Therapeutic riding (horse Back riding), as well as community based programs. Through out all of these programs they are continually introducing cognitive training, during individualized and group cognitive programs they provide one to one staffing, and other services to support.

Lillieth Grand, MS, MT-BC, Executive Director, Milestone Music Therapy, has been a music therapist since 1993 specializing in working with children who have neurological impairment, traumatic brain injury, autism, developmental disabilities, and chronic health conditions. She is passionate about the field and holds several regional and national positions with AMTA and WRAMTA. She also trains music therapists to do Music Therapy Assisted Childbirth and is adjunct faculty at Marylhurst University. As well-known speaker on music therapy, she has been keynote speaker at the Utah Brain Injury Association and presents at nearly every music therapy conference. Lillieth has been trained in neurologic music therapy, NICU music therapy, Sprouting Melodies, Music Together, level 1 of the Bonny Method of Music and Imagery and more. Her master’s degree is in special education. She has a vision of seeing that all persons in Oregon who could benefit from music therapy have access to and use of a music therapist. Lillieth is the single mother of three boys, ages 15, 13, and 4. Her middle child being severely neurologically impaired makes her appreciate them all the more. Her major instrument is voice.

Matthew Kampfe, MBA, President and Administrator, KMS Brain Injury Rehab Having been “born into” the brain injury rehabilitation business I lived at KMS throughout my childhood and have spent countless hours with clients and staff observing and participating in the cognitive rehabilitation of our residents. My professional journey led me to administrative posts in health care at Baptist Health System and higher education at Jacksonville University. These and other valuable experiences, relationships and insights gained throughout my professional career give KMS another level of expertise into the changing world of healthcare where cost and quality are of the utmost importance. Each day we focus on helping people (like you and me) whose lives have been interrupted transition through the continuum of care toward greater independence.

Jill Selman has worked with men recovering from brain injuries. For a number of years as both a caregiver and administration.
### Living with Brain Injury: One Step At A Time

**Friday, March 2, 2018**

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<tr>
<th>Time</th>
<th>Track 1 (Mt Adams)</th>
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| 8:00 - 8:15 | Welcome to Conference  
Dr. Eric Hubbs & Jeri Cohen, BIAOR, Deborah Crawley, Executive Director, BIADA, Adam Grove, ABIN, Karen Jaeger, BIAID | | |
| 8:15 - 9:15 | Keynote: A Continuum of Care Pilot for Persons with Catastrophic Brain and Spinal Cord Injury - Dr. Debra Braunling-McMorrow  
Introduction by: Matthew Kampfe  
The future of healthcare services, whether through bundled payments or accountable care organizations, is challenged to meet the triple aim of healthcare by providing good outcomes, at a reasonable price, and with satisfied consumers.  
NEURO-NET is an innovative program providing a continuum of care model designed for persons with catastrophic brain and spinal cord injury. We have long known the creation of a clinically integrated expert continuum of care for persons suffering catastrophic neurological injuries was needed. The vast majority of these patients are currently treated in separate and often fragmented systems that do not provide good clinical integration. The result can be poor outcomes resulting in higher costs and compromised health for these patients.  
Four expert providers of catastrophic care joined forces through an innovation pilot to begin such a continuum. NEURO-NET is a private/public partnership, combining health care providers with different cultures, payment systems and outcome methodologies.  
The presentation will include an overview of the coordination of care model, a patient data sharing system, and the outcome measurement system will be presented. Preliminary data from the first 70 participants including treatment gains, re-hospitalization as well as consumer satisfaction and input will be presented. Outcomes will be compared to those not participating in a continuum of care model and compared with national averages. We will discuss the challenges in designing and implementing such a model and as future directions and replicability.  
**Objectives:**  
This session is designed to enable learners to:  
• Demonstrate and analyze the results of a coordinated case management program across a continuum of rehabilitation providers and compare those results with patients receiving the standard of care.  
• Explain and utilize collaborative strategies from NEURO-NET as a model of a successful initiative that has improved case management practice and outcomes for patients with catastrophic injuries.  
• Analyze and describe lessons learned and NEURO-NET’s impact on clinical and psychosocial patient outcomes. | | |
| 9:15 | Break | | |
| 9:30 - 10:30 | Common Mistakes by Plaintiff Attorneys in a Traumatic Brain Injury Case (as told by former Insurance Defense Attorney and former Insurance Adjuster). Arthur D. Leritz and Jacob W. Gent: Both attorneys at Adler Giersch PS, WSAJ Eagle Members, BIA-WA Members  
Reframing Inherent Juror Bias in Traumatic Brain Injury Cases with Plaintiff’s ‘Before and After’ Witnesses to Win the Case. Steven J. Angles and Lauren E. Adler: Both attorneys at Adler Giersch PS, WSAJ Eagle Members, BIA-WA Members  
Understanding State Laws on Traumatic Brain Injury to Use in All TBI Cases to Educate the Jury and Take-Apart Defense Experts. Melissa D. Carter and Arthur D. Leritz: Both attorneys at Adler Giersch PS, WSAJ Eagle Members, BIA-WA Members | The Medical Perspective of TBI - Dr. James Chesnutt  
This presentation will cover concussion diagnosis and management. | TBIs and the incarcerated population - Tim Roessel, Disability Rights Oregon  
An overview of a life with a TBI in a mental health world |
<p>| 10:30 | Break |</p>
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**Friday, March 2, 2018**

### Understanding State Laws on Traumatic Brain Injury to Use in All TBI Cases to Educate the Jury and Take-Apart Defense Experts.

Melissa D. Carter and Arthur D. Leritz: Both attorneys at Adler Giersch PS, WSAJ Eagle Members, BIA-WA Members

**Using Medical Literature in a Mild Traumatic Brain Injury (mTBI) Case.** Melissa D. Carter, Attorney at Adler Giersch PS, WSAJ Eagle Member, BIA-WA Member

**Effective Presentation of Your Client's Traumatic Brain Injury: Story, Pictures and Videos to Win Hearts and Minds.** Richard H. Adler, Attorney at Adler Giersch PS, WSAJ Eagle Members, Past President and Current Board Member of BIA-WA.

### The Therapeutic Triad: Forgiveness, Self-compassion and Resilience as Gateways for Healing - Dr. Susan Stuntzner

*Learning to live well following a major life change such as a traumatic brain injury, stroke, or spinal cord injury is a process and is not always easy; it is not something that automatically happens given enough time. In many instances, people with these conditions want to cope and adapt to their disability and new set of experiences so they can move forward in a positive fashion. Those that do often learn how to accept, rise above, transcend, and/or find meaning in their disability and associated life changes. Yet, some people are not able to do so or continue to experience emotional and/or psychological pain. For these individuals and their families, forgiveness, self-compassion, and resilience approaches can be of great help and can promote inner healing. Throughout this session, professionals will explore the meaning of forgiveness, self-compassion, and resilience, ways these are inter-related to one another, barriers to and benefits of each approach, and how they are applicable to the people they serve. Professionals are afforded the opportunity to learn how improvement in one area can positively influence change in the others and specific strategies to cultivate forgiveness, self-compassion, and resilience in peoples' lives.*

**Abstract**

Forgiveness, self-compassion, and resilience are three therapeutic approaches gaining attention in the allied helping professions. Each of these helps people heal and move forward following hurt, pain, or difficult life events including the advent and presence of a traumatic brain injury, stroke, or spinal cord injury. Throughout this session, professionals are afforded the opportunity to learn about these constructs, their applicability to persons living with these conditions and the coping and adaptation process, and strategies to consider when cultivating them.

**Objectives**

1. Increase professionals’ knowledge and understanding of forgiveness, self-compassion, and resilience and the ways these constructs are related and applicable to persons with TBI, stroke, and SCI.
2. Enhance professionals’ understanding of the skills and factors associated with forgiveness, self-compassion, and resilience.
3. Improve professionals’ effectiveness in identifying and applying therapeutic skills and approaches they can use in their work with people and/or their families to help cultivate forgiveness, self-compassion, and resilience.

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### Resilience as Gateways for Healing

**Forging New Pathways—What you may not know and why you should** - Dan Overton, MC, LMHC, MHP, CBIS

**Neural Pathways – What are they? How does a TBI affect them and what can be done about it?** In this presentation, the participant will learn how to forge new pathways through an increased understanding of theories related to neuroplasticity.

The Hebbian Theory postulates that from birth neurons form "nets"/pathways / relationships based on the needs of the individual. The success of the person recovering from and living with a TBI is going to depend on re-wiring the brain. A traumatic brain injury (TBI) disrupts old nets/pathways and can make the creation of new nets/pathways challenging. Most people focus on the absence of function and can miss how to encourage new nets from forming. Once understood the individuals can take some control in the forming of new pathways and encourage the neuroplasticity of the brain.

**Learning Objective:**

1. The participant will have an increased awareness of the common theories related to neuroplasticity.
2. The participant will have an understanding of the impact TBI/ABI may have on neural pathways/nets.
3. The participant will have an understanding of techniques to encourage neuroplasticity.
4. The participant will leave with practical application in maintaining ongoing "brain health" as it relates to neuroplasticity.

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**Living with Brain Injury: One Step At A Time**

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<td>1-2:15</td>
<td>Forensic Life Care Planning - Dr. Janet Mott</td>
<td>Oregon Disabilities Commission - Public Meeting</td>
<td>Brain Injury 101 - Kayt Zundel and Kahyra Ramirez, Think First Oregon</td>
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<td>The purposes, methodology, elements, and process of Forensic Life Care Planning will be presented. The major focus will be to explore the relationship of Forensic Life Care Planning to the Legal Representation of persons with brain injury and related catastrophic injuries.</td>
<td>The Oregon Disabilities Commission is charged by state statute to advise the Department of Human Services, the Oregon Health Authority, the Governor, the Legislative Assembly and appropriate state agency Administrators on issues related to achieving the full economic, social, legal and political equity of individuals with disabilities. ODC also acts as a coordinating link between and among public and private organizations services individuals with disabilities. In order to carry out its mission, the commission: - Identifies and hears the concerns of individuals with disabilities and uses the information to prioritize public policy issues which should be addressed. - Publicizes the needs and concerns of individuals with disabilities as they relate to the full achievement of economic, social, legal and political equity. - Educates and advises the Department of Human Services, the Governor, the Legislative Assembly and appropriate state agency administrators on how public policy can be improved to meet the needs of individuals with disabilities. The Commission is taking this time to hear concerns from AFH, professionals, caregivers, family members, survivors, and the general public on any issues that they may be having with any government or private agency.</td>
<td>This presentation will cover basic brain anatomy, brain function, and brain injury. Included will be: 1) Common Misconceptions of Traumatic Brain Injury 2) Brief Brain Anatomy and Function 3) Common Types of Brain Injury 4) Levels of Traumatic Brain Injury Severity 5) Effects of TBI 6) TBI Statistics 7) TBI Recovery 8) TBI Prevention</td>
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<td>2:15-2:30</td>
<td>Break</td>
<td>Oregon Disabilities Commission - Public Meeting Continued</td>
<td>TBI and Hormones: A Case Study - Dr. Kamran Jahangiri, DC, DACNB, San Diego Chiropractic Neurology</td>
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<td>2:30-3:45</td>
<td>The Do’s and Don'ts When Working with Clients with Brain Injury - Timothy Titolo, JD, Chair of the American Association of Justice Traumatic Brain Injury Litigation Group, Secretary/Treasurer of the Inadequate Security Litigation Group.</td>
<td>Oregon Disabilities Commission - Public Meeting Continued</td>
<td>This presentation will cover the pathophysiology, assessment, and treatments approaches related to TBI and hormones.</td>
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<td>Discussion on key things to do and not to do when representing traumatic brain injury clients.</td>
<td>Oregon Disabilities Commission - Public Meeting Continued</td>
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<td>3:45-4</td>
<td>Break</td>
<td>Representing Clients with Diminished Capacity - Mark Johnson Roberts, JD, Deputy General Counsel, Oregon State Bar</td>
<td>Closing Keynote</td>
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<td>4-5</td>
<td>Functional Neurology Treatment of Traumatic Brain Injury - Dr. Glen Zielinski, DC, DACNB, FACFN</td>
<td>Representing Clients with Diminished Capacity - Mark Johnson Roberts, JD, Deputy General Counsel, Oregon State Bar</td>
<td>This presentation will reveal the essential premises and research behind functional neurology treatment, how it compares and contrasts with other traditional therapies and where it fits within the broader rehabilitation context, and case studies.</td>
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<td>This presentation will include: - Application of RPC 1.14 on incapacity - Assessing capacity - Review of Elder Abuse reporting obligations</td>
<td>Functional Neurology Treatment of Traumatic Brain Injury - Dr. Glen Zielinski, DC, DACNB, FACFN</td>
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**2018 Conference Sessions Available For Purchase on DVD With CEUs**
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<td>8 - 9:15 am</td>
<td>Mt. Hood A&amp;B: Keynote: A Continuum of Care Pilot for Persons with Catastrophic Brain and Spinal Cord Injury - Dr. Debra Braunling-McMorrow - President and CEO of Learning Services, a national provider of services for persons with brain injury. Introduction by: Matthew Kampfe</td>
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| 9:30 - 10:30| • Common Mistakes by Plaintiff Attorneys in a Traumatic Brain Injury Case  
• Reframing Inherent Juror Bias in Traumatic Brain Injury Cases with Plaintiff’s ‘Before and After’ Witnesses to Win the Case.  
• Understanding State Laws on Traumatic Brain Injury to Use in All TBI Cases to Educate the Jury and Take-Apart Defense Experts. | The Medical Perspective of TBI - Dr. James Chesnutt | TBI's and the incarcerated population - Tim Roessel, Disability Rights Oregon |
| 10:45 - 12| • Understanding State Laws on Traumatic Brain Injury to Use in All TBI Cases to Educate the Jury and Take-Apart Defense Experts.  
• Using Medical Literature in a Mild Traumatic Brain Injury (mTBI) Case.  
• Effective Presentation of Your Client’s Traumatic Brain Injury: Story, Pictures and Videos to Win Hearts and Minds. | The Therapeutic Triad: Forgiveness, Self-compassion and Resilience as Gateways for Healing - Dr. Susan Stuntzner PhD | Forging New Pathways - What you may not know and why you should - Dan Overton, MC, LMHC, MHP, CBIS |
| 12-1 Lunch | Mt. Hood A&B: Working Lunch - Poster Presentations  
Mt Adams - Legislative Update - Arthur Towers |
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| 4 - 5 PM | Representing Clients with Diminished Capacity - Mark Johnson Roberts, JD | Closing Keynote - Functional Neurology Treatment of Traumatic Brain Injury - Dr. Glen Zielinski, DC, DACNB, FACFN |
# Saturday, March 3, 2018 Conference Schedule at a Glance

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<td>7:45 - 9:15</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy</td>
<td>Mt. Hood A &amp; B: Keynote Speaker: The Latest Treatments in TBI - Dr. Danielle Erb</td>
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<tr>
<td>9:30-10:30</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy Continued</td>
<td>Forging New Pathways-What you may not know and why you should - Dan Overton, MC, LMHC, MHP, CBIS</td>
<td>Acupuncture and Chinese medicine - How it can make a difference - Douglas S. Wingate, MAcOM, L.Ac.</td>
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<td>10:45 - 12</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy Continued</td>
<td>Needs Assessment of Individuals with TBI in Idaho - Russell C. Spearman M.Ed.</td>
<td>Facing Pain: Empowering Yourself to Live a Beautiful Life – Daniella Clark, PhD</td>
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<td>12-1 Lunch</td>
<td>Mt. Hood A&amp;B: Working Lunch</td>
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<td>Where is help when you need it? - Ombudsman Long Term Care Ombudsman, Fred Steele, and Oregon Health Authority Ombudsman, Ellen Pinney</td>
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<td>Resiliency - Putting the R back in Brain Injury Recovery - Dr. Adam Grove, ND, Chair, Alaska Brain Injury Network</td>
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<td>2:30 - 3:45</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy Continued</td>
<td>Rehabilitation of Balance Disorders and Dizziness - Dr. Jeff McNally, DC DACNB</td>
<td>The Eyes Have It! - Dr. Remy Delplanche, Optometric Physician</td>
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<td>4 - 5 PM</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy Continued</td>
<td>Closing Keynote - Music and Brain Injury Recovery - Lillieth Grand, MS, MT-BC</td>
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The information presented at this conference is not intended to circumvent medical professional help.
### 16th Annual Pacific Northwest Brain Injury Conference

#### Saturday, March 3, 2018

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**8:00 - 8:15**

**Mt. Hood A&B: Welcome to Conference**  
Jeri Cohen and Dr. Eric Hubbs, BIAOR, Deborah Crawley, BIAWA, Dr. Adam Grove, ABIN, Karen Jaeger, BIAID

**8:15 - 9:15**

**Mt. Hood A & B: Keynote Speaker: The Latest Treatments in TBI**  
Dr. Danielle Erb  
Dr. Erb will discuss the latest treatments she is using with her patients – what is working and what to look for.

**Mt. Adams - Brain Injury and Neurodegeneration Continued- Dr. Dan Murphy**

Dr Murphy will bring new light to this topic and give you the tools needed to help you and your patients achieve the quality of life you deserve!  
Dr Murphy’s goal for this presentation is for you to better understand the history, symptoms, signs, history collections, in office diagnostic tests, special imaging diagnostic tests, and management of patients who have sustained traumatic brain injury or who are suffering from brain neurodegenerative disease.  
Dr Murphy’s presentation will also include the pathology of Parkinson’s and Alzheimer’s Disease and discuss the management of Brain Trauma and Brain Neurodegeneration with Low Level Laser Therapy.  
Dr Murphy will cover:  
- The epidemiology of brain trauma and the diagnosis of traumatic brain injury  
- The pathophysiology of traumatic brain injury: Inflammation, free radicals, and excitotoxicity  
- The genetic markers of prognostic significance in brain injury recovery  
- Brain injury management protocol and brain injury nutrition  
- The pathology of Parkinson’s and Alzheimer’s disease  
- The management of brain trauma and brain neurodegeneration: Low Level Laser Therapy  
- The management of brain trauma and brain neurodegeneration: Insulin resistance  
- The management of brain trauma and brain neurodegeneration: Inflammation  
- General dietary and supplement science and application  
- And much, much more

**9:15**

**Break**

**9:30 -10:30**

**Brain Injury and Neurodegeneration Continued- Dr. Dan Murphy**

**Forging New Pathways—What you may not know and why you should — Dan Overton, MC, LMHC, MHP, CBIS**  
Neural Pathways – What are they? How does a TBI affect them and what can be done about it? In this presentation, the participant will learn how to forge new pathways through an increased understanding of theories related to neuroplasticity.  
The Hebbian Theory postulates that from birth neurons form “nets”/pathways/relationships based on the needs of the individual. The success of the person recovering from and living with a TBI is going to depend on re-wiring the brain. A traumatic brain injury (TBI) disrupts old nets/pathways and can make the creation of new nets/pathways challenging. Most people focus on the absence of function and can miss how to encourage new nets from forming. Once understood the individuals can take some control in the forming of new pathways and encourage the neuroplasticity of the brain.  
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**Acupuncture and Chinese medicine — How it can make a difference — Douglas S. Wingate, MAcOM, L.Ac.**  
This presentation will cover how acupuncture can aid in facilitating the healing process after a brain injury and various symptoms that can follow an injury. Other Chinese medical approaches including herbal medicinals will also be discussed.
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<td>Facing Pain: Empowering Yourself to Live a Beautiful Life – Daniella Clark, PhD</td>
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<td>This presentation will discuss the results of a statewide TBI needs and resource assessment conducted in 2017.</td>
<td>Dr. Clark, an intellectual and former lecturer at Washington State University, performing artist, and TBI survivor will discuss her story of recovery from a severe ski accident that fractured her face and skull while leaving her with both gifts, and deficits. Specific strategies for improving moral during TBI rehabilitation and post-injury adjustment to live a beautiful life despite injury will be discussed. She will include specific steps survivors can take on a consistent basis to develop post traumatic growth and heal while maintaining hope</td>
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<td>Almost every one recovers to some extent after a brain injury but some get much better than others. Why? In this presentation Dr Grove will explore different aspects of a person and their environment which help foster more complete recovery. He will provide an overview and specific recommendations to hasten healing.</td>
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<td><strong>Physical Factors</strong></td>
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<td>• Sleep – proper sleep enhance brain healing, improves mood and energy – all things needed for recovery.</td>
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<td>• Diet – how and what we eat has a huge impact on how we recovery physically and emotionally</td>
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<td>• Gut function – the enteric nervous system plays a large and important role in how we heal</td>
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<td>• Exercise – Increasing physical activity appropriately is key to restoring cognitive and physical function</td>
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<td>• Mitochondrial function and genetic variation – As the body’s energy generators, mitochondria are crucial to brain function and recovery.</td>
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<td>• Genes - Genetic polymorphisms impact many aspects of recovery and their expression can be manipulated.</td>
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<td><strong>Social Factors</strong></td>
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<td>• Engagement – Isolation after injury is common and negatively impacts recovery</td>
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<td>• Support - pets, family, friends, community all are needed to help someone find hope and motivation to recover fully</td>
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<td>• Activity - Recovery is greatly enhanced by simply helping a peer, serving as a volunteer or holding down a paying job.</td>
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<td><strong>Mental/Emotional/Factors</strong></td>
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<td>• Past life experience/Attitude – We are sum total of our experiences and knowing someone’s life path can help us help them heal</td>
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<td>• Happiness – this is an essential ingredient for a health brain and it can be trained</td>
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<td>• Faith and mindfulness– this may be one of the single most important aspects in uniting a healthy body, mind, sense of self and of community.</td>
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<td>2:15</td>
<td>Break</td>
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<td>2:30-3:45</td>
<td>Brain Injury and Neurodegeneration - Dr. Dan Murphy Continued</td>
<td>Rehabilitation of Balance Disorders and Dizziness - Dr. Jeff McNally, DC DACNB</td>
<td>The Eyes Have It! - Dr. Remy Delplanche, Optometric Physician</td>
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<td>This presentation will cover effective ways of improving balance disorders/dizziness and how to decrease fall risks. Information about the vestibular system, proprioceptive system and visual system and how they rely on each other to keep an accurate sense of where we are in space will be covered. How to decrease fall risk, improve stability, and rehabilitation of dizziness will also be presented.</td>
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<td>A look into the visual consequences of Traumatic Brain Injury including the use of Electrophysiology as an &quot;objective&quot; measurement for concussion, along with my personal research showing the benefits of therapy and the neuroplasticity of the neuro-vision system</td>
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Conference Objectives

At the completion of the conference, participants will be able to:

1. Implement strategies designed to significantly improve positive outcomes for those living with brain injury and neurological conditions in all communities.
2. Describe the epidemiology of brain injury and its resultant impairments, disability, and psychosocial impact.
3. Integrate new developments in science and medicine into practice for brain injury rehabilitation.
4. Utilize multidisciplinary strategies for the management of psychological and behavioral problems common to brain injury including behavior management.
5. Identify neurophysiological mechanisms involved in brain plasticity and their potential application to improving practice and service provision across rehabilitation disciplines.
6. Summarize recent brain injury-related research with corresponding practical application and best practices.
8. Understand health care delivery trends and their impact on long-term brain injury and neurological conditions management, acute care, and what that can/will mean to your business.
9. Analyze past brain injury and neurological conditions-related interventions and weigh their value in today’s world-what is working.
10. To understand brain injury as a chronic disease which affects the person throughout their lifetime
11. To consider co-morbid conditions which affect the process of aging with a brain injury
12. Discuss the life long, post-acute rehabilitation needs of individuals with traumatic brain injuries and the importance of developing long term care plans.
13. Improve quality of life for brain injury survivors and their caregivers by connecting them with community resources.
14. Create networking opportunities and build partnerships with key brain injury researchers, clinicians, and prevention professionals.

Saturday, March 3, 2018

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<th>Time</th>
<th>Track 1 Mt Adams</th>
<th>Track 2 -3 Mt. Hood A&amp;B</th>
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<tr>
<td>3:45</td>
<td>Break</td>
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<tr>
<td>4-5 pm</td>
<td>Brain Injury and Neurodegeneration Dr. Dan Murphy Continued</td>
<td>Closing Keynote - Music and Brain Injury Recovery - Lillieth Grand, MS, MT-BC</td>
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Music is a powerful tool because it follows unique neural pathways and functions globally in the brain. Because of this, the music therapist is able to access neural function using music to assist their patients to achieve rehabilitative, habilitative and palliative goals. This presentation will define music therapy as it pertains to rehabilitation. Goals of music therapy as well as several case examples will be shared.

For Speaker’s bio-sketches, please see pages 10-16 where they are listed in alphabetical order.

Quiet Room: Cascade C
Keynote Speakers

Friday
Morning

Debra Braunling-McMorrow, Ph.D. is the President and CEO of Learning Services, a national provider of services for persons with brain injury. She has also served as Vice President of Business Development and Outcomes and Vice President of Quality Assurance for a national rehabilitation provider. She led operations for the Center for Comprehensive Services, one of the first post-acute brain injury rehabilitation programs in the country. She is the Vice-Chair for the board of the North American Brain Injury Society and is the Editor in Chief of The Brain Injury Professional publication.

Dr. McMorrow serves as a Board of Trustee member for the Southern Illinois Healthcare Systems and is a CARF Medical Rehabilitation surveyor. Dr. McMorrow was one of the first chairs of the American Academy for the Certification of Brain Injury Specialists (AACBIS) and has served on the Brain Injury Association of America’s board of executive directors. Additionally, Dr. McMorrow has served on several national committees and editorial boards as well as on a number of Peer Review Panels including for the U.S. Department of Education NIDRR and the Department of Health and Human Services HRSA.

Her awards have included the James Brady Award from the Brain Injury Association of IL, the North American Brain Injury Society Clinical Service Award, and the Alumni Achievement Award from the Southern Illinois University at Carbondale. Dr. McMorrow has published in numerous journals and books and has presented extensively in the field of brain injury rehabilitation. She has been working for persons with brain injuries for over 30 years.

Afternoon Closing

Glen Zielinski, DC, DACNB, FACCN, CBIS. Dr. Glen Zielinski is a chiropractic neurologist and Fellow of the American College of Functional Neurology. He graduated as the Valedictorian of his class from Parker College of Chiropractic, and studied functional neurology with the Carrick Institute. He earned his board certification in 2003, and was appointed as Assistant Professor of Clinical Neurology with the Carrick Institute in 2004. He has spent the last decade lecturing on functional neurology, functional medicine, and neuroimmunology throughout North America and Europe. He is the clinical director of Northwest Functional Neurology, in Lake Oswego, Oregon. His practice focuses on rehabilitation of traumatic brain injuries, as well as on vestibular disorders, neurodevelopmental challenges, and movement disorders. He has published on mechanisms of persistent post-concussion syndrome. He was honored as the Neurologist of the Year for 2014 by the International Association of Functional Neurology and Rehabilitation, the highest award in the functional neurology profession. As a Functional Neurologist, he is a firm believer in treating the root cause of neurological dysfunction, not just the reduction of symptoms. His goal is to maximize the function of neurological systems in order to promote the fullest expression of health.

Saturday
Morning

Danielle Erb, MD, FAAPM&R, is the Medical Director Brain Injury Rehab Center (BIRC) After completing her bachelor's degree at Stanford University, Dr Erb received her Medical Degree from OHSU. In 1990 she completed her Physical Medicine & Rehabilitation residency at University of Colorado in Denver. In 2001, after 11 years at Rehabilitation Medicine Associates she left and started Brain Rehabilitation Medicine in order to focus 100% of her time on the care and treatment of patients with an acquired brain injury. She and her husband enjoy rock climbing, hiking and foreign travel.

Afternoon

Dr. Adam Grove, CBIS, Vice-Chair, Alaska Brain Injury Network. Dr. Adam Grove is a Naturopathic Physician practicing family-medicine and specializing in children and adults with neurological and psychological challenges. He practices in Anchorage, Alaska at Head to Toe Holistic Healthcare LLC. He emphasizes an individualized, whole-person focus with attention to accurate diagnosis and holistic treatment for brain-based issues. He works with people of all ages experiencing symptoms of ADD/ADHD, Autism, Brain injury and other brain-based disorders. He is currently the Director of the Board for the Alaska Brain Injury Network. Dr. Adam Grove is also the Director of The Neurocognitive Brain Center which diagnoses and treats brain-based disorders in adults and children. The center's mission is to provide Alaskan’s with the best options for post-acute traumatic brain injury rehabilitation. He is a member of the American Association of Naturopathic Physicians. He is a frequent presenter on topics of Autism, Brain Injury, Environmental Medicine and topics in Pediatrics. He holds a Bachelor's of Science degree in Aerospace Engineering (University of Arizona, 1985), a Masters of Arts degree in Soviet Area Studies (Naval Postgraduate School, 1992) and a doctorate in Naturopathic Medicine (Bastyr University, 2002).

Closing

Lillieth Grand, MS, MT-BC, Executive Director, Milestone Music Therapy, has been a music therapist since 1993 specializing in working with children who have neurological impairment, traumatic brain injury, autism, developmental disabilities, and chronic health conditions. She is passionate about the field and holds several regional and national positions with AMTA and WRAMTA. She also trains music therapists to do Music Therapy Assisted Childbirth and is adjunct faculty at Marylhurst University. As well-known speaker on music therapy, she has been keynote speaker at the Utah Brain Injury Association and presents at nearly every music therapy conference. Lillieth has been trained in neurologic music therapy, NICU music therapy, Sprouting Melodies, Music Together, level 1 of the Bonny Method of Music and Imagery and more. Her master's degree is in special education. She has a
The vision of seeing that all persons in Oregon who could benefit from music therapy have access to and use of a music therapist. Lillieth is the single mother of three boys, ages 15, 13, and 4. Her middle child being severely neurologically impaired makes her appreciate them all the more. Her major instrument is voice.

Speakers

Lauren E. Adler, JD, graduated with honors in 2012 from Seattle University School of Law and was admitted to the Washington State Bar that same year. Ms. Adler is a lifelong Washingtonian, born in Seattle. She attended Whitman College in Walla Walla, Washington, earning a combined Bachelor of Arts degree in Environmental Studies and Politics. As an undergraduate student, Ms. Adler was active in developing, implementing and sustaining environmental policies on campus, and was an active and contributing member in various community groups with global environmental missions such as climate change prevention, sustainable growth for developing countries, and promotion of local environmental awareness. Her enthusiasm for environmentalism continued into law school, where she was elected President of the Environmental Law Society. As president, Ms. Adler led local and global awareness campaigns on campus, successfully converting the school’s printers to enable double-sided printing, and raising funds to aid the people of Somalia suffering from severe drought. During law school, Ms. Adler discovered a deep interest for, and developed remarkable skill in courtroom advocacy. In addition to being selected to serve as a board member of Seattle University’s Moot Court Board for two consecutive years, Ms. Adler also became a distinguished participant in local and regional mock trial competitions, frequently advancing to final rounds. Ms. Adler was selected and invited to join the Seattle University Law Review, the school’s most prestigious and exclusive legal journal. She ultimately advanced to the coveted Lead Article Editor position, critiquing and readying articles written by law professors and skilled attorneys for final publication. Ms. Adler was further recognized for her written advocacy skills when selected by Judge Ronald Leighton of the federal United States District Court for a summer externship, and for whom Ms. Adler drafted many of the court’s opinions and rulings. While her decision to become an attorney was inspired by her passion for the environment, Ms. Adler soon recognized this enthusiasm as a broader desire to promote positive social change and help the disadvantaged in need of an advocate and to make a difference in the lives of people without a voice. Prior to joining ADLER ♦ GIERSCH PS, Ms. Adler served as a trial advocacy and litigation attorney for the Washington State Office of the Attorney General, representing Children’s Administration in child welfare litigation on behalf of abused children, Ms. Adler handled eleven trials, countless hearings, and made three appearances at the Washington State Court of Appeals for oral argument. She immediately became recognized by judges, attorneys and within the Office of the Attorney General as a compassionate, talented and immensely prepared and skilled trial attorney that will not back down for her client. Supported by the guidance and mentorship provided by her colleagues and staff at Adler Giersch, Ms. Adler continues her mission to advocate for those who need a level playing field when dealing with insurers who do not accept responsibility to make the injured person whole again. Ms. Adler is member of the Washington State Bar Association, the King County Bar Association, the Washington State Association for Justice, and the Brain Injury Alliance of Washington. Ms. Adler is an avid yogi and cyclist. She enjoys time with family and friends, time in the sun and experimenting in the kitchen. She lives in Seattle.

Richard Adler, JD, is an honors graduate of Georgetown University Law Center in Washington, D.C., where he received his Juris Doctorate degree in 1980. He was called to the Bar in Washington State that same year. Mr. Adler is the founding principal for the law offices of Adler Giersch PS, which is exclusively dedicated to representing victims of traumatic brain, spinal, and musculoskeletal injuries. Mr. Adler volunteers his time with the Brain Injury Association of Washington having served as its President (2006-2009) and current serves as its Chairman of the Executive Board. He is credited with turning around the BIAWA’s organization with initiatives to implement BIAWA’s mission of prevention, education, support, and advocacy for brain injury survivors and their caregivers. In 2009 he organized a powerful coalition of healthcare, businesses, and community partners to enact the “Zackery Lystedt Law,” named after this client, that requires medical clearance before a young athlete can return to competition or practice following concussion. Mr. Adler has authored many publications on traumatic injuries for attorneys, healthcare providers, and the injured. His most recent book, Understanding Traumatic Brain Injury: A Guide for Survivors and Families (2006) joins prior top-rated writings, The Medical-Legal Aspects of Soft Tissue Injuries, and Spinal Trauma and the Personal Injury Case and From Injury to Action: Navigating Your Personal Injury Claim. Mr. Adler has co-produced several educational and instructional videos for doctors on testifying at deposition and trial. Also, he writes and edits the law firm’s monthly newsletter, "The Advocate," which focuses on various medical-legal-insurance aspects of personal injury claims. Frequently, he lectures on traumatic brain injury, personal injury and insurance law to attorneys, medical doctors, chiropractors, physical therapists, massage therapists, and psychologists. Mr. Adler and the law firm of Adler Giersch PS are “AV” rated, the highest rating available, as established in a confidential survey of other attorney’s conducted by Martindale-Hubbell. In 2005, Mr. Adler was inducted into the Million Dollar Advocate Forum, an organization of the top trial lawyers in America. He has also received the Pro Bono Award from the Washington State Bar Association for his commitment and leadership in providing legal services to those in need every year since 2003. In 2008, Mr. Adler received the President’s Award from the American Massage Therapy Association, an award that is reserved for those who have advanced the profession of massage therapy statewide. In 2009, he received an award from the American College of Sports Medicine for “protecting the health and safety of young athletes,” in establishing the “Zackery Lystedt Law.” Mr. Adler is licensed to practice law in federal court and all jurisdictions in the State of Washington. He is a participating member of the Washington Bar Association, Washington State Association of Justice (Eagle Status), American Association for Justice, and Brain Injury Association of WA.

Steven J. Anglés, JD, is a first generation Cuban-American. Mr. Anglés graduated on the Dean’s List with degrees in Political Science and Spanish Language Arts from Berry College, in Georgia. He remained in Georgia and went on to earn his Juris Doctorate from The Walter F. George School of Law at Mercer University in 2000. While putting himself through law school, Mr. Anglés worked for the Floyd County District Attorney’s office prosecuting criminal cases. During his service, he secured funding to protect victims of domestic
**Conference Speakers (Alphabetical Order)**

**Melissa D. Carter, JD,** was born and raised in Washington and received her Bachelor of Arts from the University of Washington in 1996. She then attended law school in Boston, Massachusetts and received her Juris Doctor degree from Suffolk University Law School in 1999. While in law school, Ms. Carter worked as a legal advocate for its Battered Women’s Clinic and assisted hundreds of victims of domestic violence to obtain and enforce restraining orders against their abusers. During her time in Boston, Ms. Carter was selected for the prestigious fellowship with the Suffolk Public Interest Law Program, which involved providing legal representation, counseling and advocacy to indigent and underprivileged individuals at the Justice Resource Institute’s Health Care Center. She also held positions at the Massachusetts Commission Against Discrimination, where she researched, investigated and prosecuted discrimination cases involving public housing, education and employment. Prior to joining Adler•Giersch PS, Ms. Carter followed her calling for courtroom advocacy by representing insurance companies and at-fault parties for over twelve years in claims involving complex traumatic injury, insurance contracts and commercial insurance disputes. During this time, Ms. Carter conducted and completed over 30 jury trials to verdict in state and federal courtrooms in Washington and Massachusetts. Her most recent trials involved traumatic brain injury, wrongful death and insurance bad faith. 

**James Chesnutt, M.D.** is a board-certified specialist in Sports Medicine and was the Founding Medical Director of the OHSU Sports Medicine Program. He is currently the Medical Director of the Oregon Health & Science University (OHSU) March Wellness & Fitness Center and the OHSU Concussion Program and Co-Chair of OHSU TBI Initiative. He is an Associate Professor, and full-time faculty in the Departments of Orthopedics & Rehabilitation, Neurology and Family Medicine. He has been a Team Physician for 20 years including Wilson HS, Portland Timbers and the Portland Trailblazers and teaches and practices sports medicine full-time. He serves as Co-Director of the Oregon Concussion Awareness and Management Program (OCAMP), a member of the Oregon Governor’s Task Force on Traumatic Brain Injury and as a member of the Oregon School Activities Association (OSAA) Medical Aspects of Sports Committee that governs Oregon high school sports. Dr. Chesnutt is also involved in concussion research, education and community outreach programs for concussion and sports injury awareness and prevention. He was also instrumental in helping to pass one of the first concussion state laws in the country in 2009 and a recent update in 2013. Dr. Chesnutt grew up in Portland, received his undergraduate degree from Stanford University and his medical degree from OHSU Medical School and completed his residency with the Air Force. Jim also served as President of the Oregon Academy of Family Medicine from 2004-5. Jim and his wife and their three children are all musicians who are active in sports, outdoor activities and community service. Jim has volunteered as a coach and team doctor for local teams for over 20 years and has a unique perspective on athletes health and the needs of youth, adults and families with active lifestyles. 

**Daniella Clark, PhD,** is a former University lecturer and Special Education teacher in public school classrooms. Daniella Clark competed her Ph.D. in Special Education at Washington State University. She is a professional performing artist and classically trained concert harpist who resides in rural Washington State. Daniella is the daughter of a disabled Viet Nam veteran and served as the primary caregiver to a family member with cerebral palsy for 5 years as a young adult. She has also been a caregiver for a Native American professor with TBI. In 2010, she was involved in a a severe ski accident that resulted in a TBI-including fracturing all of her facial bones and multiple skull fractures. In 2016, she discovered the TBI community and the supports it provides. That same year, she became aware of TBI rehabilitation specialists that have supported her journey toward continued recovery. Dr. Clark has a particular interest in protecting women with disabilities from abuse, enhancing access to TBI services for rural survivors, and reducing suicidal ideation among TBI survivors. Her experiences as a palliative patient with TBI and increased vulnerability post-injury has fueled a deep desire to alleviate pain and suffering in the lives of others. She has an extensive background servicing hospice patients and palliative patients’ since 2011 in medical setting as a volunteer musician. She speaks publicly to raise awareness of TBI and the protection of individuals with disabilities from exploitation.

**Rémy J. Delplanche, O.D. - LET ME INTRODUCE MYSELF:** As a Neuro-Optometric Physician in Beaverton OR I have over 25 years of experience in private practice. Neuro-Optometry follows the behavioral model of visual development and specializes in a functional approach to eye care. Meaning, I consider vision a direct extension of our central nervous system and use lenses and vision therapy as a means to effect change within that system. I graduated
from Pacific University College of Optometry with honors as “Outstanding Graduate” in 1993. I currently hold membership in NORA, Neuro-Optometric Rehabilitation Association, and provide cutting edge technologies such as the latest VEP/ERG Electrophysiology system to help diagnose and treat functional deficits in the neuro-vision system.

As an infant I was born “slow” and suffered from many developmental delays including reduced speech and ambulatory gait, emotional and mental retardation, and attention and learning deficits. As a 5 year old I was in a go-kart accident where I struck head first a metal pole and spent 2 weeks “in bed”. I received a formal diagnosis of Mental Retardation soon after. Through my 3rd grade I was known to hit my head against the desk or wall, often putting ruts into the floor, and drooling excessively. My parents sought medical advice but were told there was nothing that could be done and that I needed to be institutionalized. As an 8 year old my mom found a newly relocated “neurologically” focused optometrist from New York who promised he could help. After measuring my Visually Evoked Response using his home-made electrodiagnostic VER, I was put on a 1-hour/day vision therapy program. After a set period I was retested and shown to have improved profoundly- something considered impossible from the conventional neuroplasticity research of the 1960’s. I have been the subject of several research articles involving vision and neuroplasticity as a patient, and was the focus of another mentor’s doctoral thesis as a graduate student. With my personal background in both clinical electrophysiology and vision therapy I have shaped my professional focus on providing functional improvements to my own patients, both children and adults alike.

Aaron DeShaw, JD DC, is a trial lawyer from Portland, Oregon. He has obtained settlements and verdicts for his clients in excess of $350 million. He is perhaps the best known expert in the U.S. on the subject of Colossus, the computer assessment program used by most auto insurance companies for evaluating personal injury claims. He is author of three books on auto injuries and insurance. He is a frequent resource for national media such as CNN, MSNBC, BusinessWeek and others on the topic of insurance. He has lectured for both physician and legal professionals including at ATLA, AAJ, the Spine Research Institute of San Diego, and the National Institute for Trial Advocacy, as well as private seminars before the nation’s top insurance bad faith lawyers. Aaron handles serious personal injury cases including brain injury cases, catastrophic injuries, and wrongful death claims. He works with Rick Friedman, a member of the Inner Circle of Advocates, a by-invitation-only society of the Top 100 plaintiff lawyers in the United States. Friedman, a Harvard Law graduate, and author of two best selling legal textbooks, has obtained over $300 million in jury verdicts. The two lawyers handle cases nationally, with offices in Oregon, Washington and Alaska. You can reach Aaron DeShaw at deshaw@doctorlawyer.net.

Jacob W. Gent, JD, began working at Adler Giersch ps as a Case Manager in June 2002 and since then has been effectively assisting those with traumatic injuries. Mr. Gent earned his Juris Doctorate from Widener University School of Law in Harrisburg, Pennsylvania in August 2009. He continued working for Adler Giersch, PS, while attending law school at night and completed a four year part-time law school program in just three years. At school he was a member of the Trial Advocacy Honor Society and participated in mock trials and trial skills workshops. During the summer of 2007, Mr. Gent studied international law and constitutional law at the University of Technology in Sydney, Australia, through the Widener Law School exchange program. During his final year, Mr. Gent worked in the Widener University Civil Law Clinic, providing free legal services to indigent, elderly, and disabled individuals on a wide variety of matters. Befitting his ‘rising star’ status, Mr. Gent was admitted to the Bar and sworn in by two Washington Supreme Court Justices, Tom Chambers and Debra L. Stephens, during a private ceremony in October, 2010. Mr. Gent is licensed to practice law in federal court and all jurisdictions in the state of Washington. He is a participating member of the Washington State Bar Association, Washington State Association for Justice (Eagle status), King County and Snohomish County Bar Associations, the Brain Injury Association of Washington, and the Greater Everett Community Foundation.

Lillieth Grand, MS, MT-BC, Executive Director, Milestone Music Therapy, has been a music therapist since 1993 specializing in working with children who have neurological impairment, traumatic brain injury, autism, developmental disabilities, and chronic health conditions. She is passionate about the field and holds several regional and national positions with AMTA and WRAMTA. She also trains music therapists to do Music Therapy Assisted Childbirth and is adjunct faculty at Marylhurst University. As well-known speaker on music therapy, she has been keynote speaker at the Utah Brain Injury Association and presents at nearly every music therapy conference. Lillieth has been trained in neurologic music therapy, NICU music therapy, Sprouting Melodies, Music Together, level 1 of the Bonny Method of Music and Imagery and more. Her master’s degree is in special education. She has a vision of seeing that all persons in Oregon who could benefit from music therapy have access to and use of a music therapist. Lillieth is the single mother of three boys, ages 15, 13, and 4. Her middle child being severely neurologically impaired makes her appreciate them all the more. Her major instrument is voice.

Dr. Adam Grove, Vice-Chair, Alaska Brain Injury Network. Dr. Adam Grove is a Naturopathic Physician practicing family-medicine and specializing in children and adults with neurological and psychological challenges. He practices in Anchorage, Alaska at Head to Toe Holistic Healthcare LLC. He emphasizes an individualized, whole-person focus with attention to accurate diagnosis and holistic treatment for brain-based issues. He works with people of all ages experiencing symptoms of ADD/ADHD, Autism, Brain injury and other brain-based disorders. He is currently the Director of the Board for the Alaska Brain Injury Network. Dr. Adam Grove is also the Director of The Neurocognitive Brain Center which diagnoses and treats brain-based disorders in adults and children. The center’s mission is to provide Alaskans’ with the best options for post-acute traumatic brain injury rehabilitation. He is a member of the American Association of Naturopathic Physicians. He is a frequent presenter on topics of Autism, Brain Injury, Environmental Medicine and topics in pediatrics. He holds a Bachelor’s of Science degree in Aerospace Engineering (University of Arizona, 1985), a Masters of Arts degree in Soviet Area Studies (Naval Postgraduate School, 1992) and a doctorate in Naturopathic Medicine (Bastyr University, 2002).

Dr. Kamran Jahangiri, D.C., D.A.C.N.B., Chiropractor, Board Certified
Conference Speakers (Alphabetical Order)

Chiropractic Neurologist. Dr. Kamran is a board certified Chiropractic Neurologist specializing in neurological disorders and select sports rehabilitation. An avid athlete with a background in personal training and clinical nutrition, Dr. Kamran’s foray into the holistic health practice helped him to discover his true passion for helping patients realize their potential through chiropractic care and how the body’s mechanics respond to proper alignment, posture and musculature flexibility. As a Chiropractic Neurologist, Dr. Kamran has had success working with a range of neurological issues including movement disorders such as painful involuntary muscle contractions (dystonia), stroke, hemispheric brain lesions and radiculopathy (pinched nerve). A chiropractic neurologist is a licensed chiropractor who has completed an additional 3-year course of study in neurology, including coursework and residency-based clinical training, and has passed a comprehensive certification examination administered by the American Chiropractic Neurology Board. Dr. Kamran is one of approximately 700 active board-certified chiropractic neurologists in the world to receive the accreditation.

Mark Johnson Roberts, JD, holds a bachelor's degree from Reed College, a J.D. from the Boalt Hall School of Law, and an LL.M. in International Law from the Willamette University College of Law. Mr. Johnson Roberts is Deputy General Counsel to the Oregon State Bar. He provides prospective ethics advice to Oregon lawyers and provides counsel to the bar on regulatory, employment, and business matters. Mark practiced family law in Portland for 26 years before joining the bar's staff in 2016. Mark is Chair of the American Bar Association's Commission on Sexual Orientation and Gender Identity. He is a past president of the Oregon State Bar, a past president of the National LGBT Bar Association, and a past chair of Oregon's State Professional Responsibility Board. He was given the Multnomah Bar Association's 2014 Professionalism Award in recognition of his many years of service to the bench and bar.

Jeffrey McNally, DC, graduated Magna Cum Laude with his Doctorate in Chiropractic from Life University in Atlanta, Georgia, where he was the recipient of the prestigious Contemporary Scientific Paradigms Award. He received his neurology training with the Carrick Institute. After completing his internship at the Carrick Brain Center in Atlanta, he pursued a residency in neurology at Cerebrum Health Centers. He has also received advanced certification in Applied Kinesiology. He moved to Portland in 2016 to work with Dr. Zielinski and join the Northwest Functional Neurology team. His work on treating frozen shoulder and balance disorder with Functional Neurological methodologies was published in the prominent journal Frontiers in Neuroscience. He has a passion for the treatment of traumatic brain injury, post-concussion syndrome, dizziness and balance disorders, and post-traumatic headaches. He also focuses on using Functional Neurology for the optimization of athletic performance. He hails from the Philadelphia, Pennsylvania area, and completed his Bachelors of Natural Science degree at Indiana University of Pennsylvania. He is a former athlete, and competed in baseball, football, and karate. He still enjoys working out, hiking, snowboarding, and yelling at his TV while watching sports.

Janet Hart Mott, Ph.D., CRC, CCM has been in the field of rehabilitation for over 50 years. At present she provides Clinical Case Management services both through the Brain Injury Alliance of Washington and Mott Rehabilitation Services. Dr. Mott has developed Forensic Life Care Plans for individuals with brain injuries as well as other disabling conditions since the early 1980s. She serves on Trust Advisory Committees.

Daniel J. Murphy, D.C., graduated magna cum laude from Western States Chiropractic College in 1978, and has more than 34 years of practice experience. He received his Diplomat in Chiropractic Orthopedics in 1986. Since 1982, Dan Murphy has served as part-time undergraduate faculty at Life Chiropractic College West, where he is currently teaching classes to seniors in the Management of Spinal Disorders. His academic rank at the college is that of Professor. Dan Murphy is on the post-graduate faculty of several chiropractic colleges. His post-graduate continuing education classes include “Whiplash and Spinal Trauma”, Neuroimmunology”, “Pediatrics”, “Phospholipid Neurobiology”, “The Neurophysiology of Therapeutic Lasers”, and “Nutrition”. Dan Murphy is the coordinator of a year-long certification program (through the International Chiropractic Association) in “Chiropractic Spinal Trauma”, which is being offered in Minneapolis this year (2012). He has taught more than 1,400 post-graduate continuing education seminars, including classes in the United States, Canada, Australia, France, England, Portugal, Ireland, Italy, Greece, New Zealand, Spain, Panama, South Korea, and Peru.

Dan Murphy is a contributing author to the books Motor Vehicle Collision...
Ellen Pinney has never strayed far from working with veterans or Traumatic Brain Injury. His work over the decades in the Behavioral Science Department and has guest lectured at Arizona State University and Eastern Washington University. Ellen has served for the City of Ocean Shores as City Council Member. He has served as Oregon Health Authority / Oregon Health Plan Receiver for the “Our Virtual Chiropractic Association”. He was also chosen as “Chiropractor of the Year” for the International Chiropractic Association of California, and “Pediatric Chiropractor of the Year” given by Chiropractic Pediatric University. In 2003, Dan Murphy was awarded “Chiropractor of the Year” by the International Chiropractic Association. He has worked with county, state, federal, for profit and not for profit agencies in the areas of physical disabilities, resiliency, self-compassion and compassion, forgiveness and cost. OHAC operated a Health Helpline and was home to statewide and local projects focused on Medicaid access and quality including the Expanded Access Coalition and Project Equality, run by and for people served by OHP. Ellen has a degree in Public Policy and Communications from Tulane University. She started her advocacy career as an organizer with ACORN in Baton Rouge and New Orleans. Kahyra Ramirez is the Education and Fall Prevention Coordinator for OHSU ThinkFirst Oregon. She has her Bachelors in Interdisciplinary Studies from Goshen College in Indiana. Her studies are inclusive of Psychology, Kinesiology and Nursing. Currently, she presents fall prevention programs throughout the Portland Metro area as well as A Matter of Balance Programs.

Timothy Roessel is an Advocate for the Protection & Advocacy for Individuals with Mental Illness and Traumatic Brain Injury. Timothy advocates for the rights of people with mental health conditions held in jails, prisons, and hospitals across the state. He closely monitors conditions and investigates allegations of abuse and neglect. To do this, Timothy regularly meets with people with mental health conditions held in these places to develop an in-depth understanding of their experiences. Most weeks, he can be caught making the rounds at the Oregon State Hospitals in Salem and Junction City, the Maclaren Youth Correctional Facility, Unity Center for Behavioral Health, and county detention centers and community-based care programs. Timothy has played a key role in partnering with Basic Rights Oregon to review and respond to the new LGBTQI policy that Oregon State Hospital is considering, and partnered with Planned Parenthood of Oregon and the Oregon Health Authority to help shape Oregon State Hospital’s new sexual health policy. Timothy advocates for youth held in detention facilities to have access to the same level and quality of mental health services as their detained adult counterparts, including the full range of peer support services and participation in patient advocacy and steering committees. Timothy joined the Disability Rights Oregon team in May 2015. His previous experience spans psychology and social services, crisis counseling, juvenile custody services, and long-term care facility management, making him a formidable advocate for our clients across the state.

Dr. Susan Stuntzner PhD, LPC, LMHP, CRC, NCC, DCC, BCPC, DAPA, FAPA is the Director of Disability Services at Southwestern Oregon Community College. She works with students and faculty to coordinate academic accommodations, counsels students with and without disabilities, and collaborates with high schools to assist with student transition. She is also an adjunct faculty member for the University of Texas Rio Grande Valley.

Previously, she was an Assistant Professor in the School of Rehabilitation Services and Counseling at the University of Texas Rio Grande Valley and at the University of Idaho – Coeur d’Alene. In that capacity, she trained students to become rehabilitation service practitioners and rehabilitation counseling professionals and to work directly with individuals with disabilities in numerous employment settings. Dr. Stuntzner has also worked in the field as a psychology staff member, rehabilitation counselor, vocational evaluator, and a behavioral skills trainer. During this time, she has worked with a number of people with various disabling conditions. Dr. Stuntzner’s research interests include: adaptation and coping with disability, resiliency, self-compassion and compassion, forgiveness and...
spirituality, development of intervention techniques and strategies, and mentorship of professionals with disabilities. She has written three books pertaining to coping and adaptation and/or resilience-based skills. Her works are entitled, Living with a Disability: Finding Peace Amidst the Storm, Reflections from the Past: Life Lessons for Better Living, and Resiliency and Coping: The Family After. She has also developed two interventions (i.e., resilience, forgiveness) for persons with disabilities to assist them in their coping process. These works are entitled, “Stuntzner and Hartley’s Life Enhancement Intervention: Developing Resiliency Skills Following Disability” and “Stuntzner’s Forgiveness Intervention: Learning to Forgive Yourself and Others.” Both of these have been approved as a self-study course for CEUs by NBCC [National Board of Certified Counselors]. Dr. Stuntzner has written a number of articles and has given various trainings on forgiveness, self-compassion, and resilience as it relates to the needs and experiences of persons with disabilities.

More recently, she was asked by the Commission on Rehabilitation Counselor Certification to develop an on-line resilience course to educate counselors about resilience and its relevance to persons with disabilities and the rehabilitation counseling process. Information about this course can be found at https://www.crccertification.com/resilience-disability.

Russell C. Spearman M.Ed. is the Project Director for Idaho’s Traumatic Brain Injury Partnership Implementation grant from the Health Resources Services Administration, Maternal and Children’s Health Bureau. Since August 2000 Russ has been employed by the Institute of Rural Health at Idaho State University- Boise. Prior to this Russ was responsible for developing and implementing all aspects related to Idaho’s 1915 C Medicaid Home and Community Based Services Waiver for adults with a traumatic brain injury. He is the former Executive Director for Idaho’s Governor’s Council on Developmental Disabilities. He is the lead author of “The Use of Medicaid Waivers and Their Impact on Services”. Russ was instrumental in developing and transitioning Idaho’s nationally recognized Home of Your Own Initiative, a single family secondary mortgage program, that today has assisted over 100 people with disabilities realize their dream of home ownership. Over the past 34 years he has personally and in collaboration with others assisted in the passage of several pieces of legislation on behalf of Idahoans with disabilities. Russ received his undergraduate degree from Manhattan College and his Master's degree from the College of Idaho. He is married with two children, one who experienced a traumatic brain injury in 1993. Russ was instrumental in developing and transitioning Idaho's nationally recognized Home of Your Own Initiative, a single family secondary mortgage program, that today has assisted over 100 people with disabilities realize their dream of home ownership. Over the past 34 years he has personally and in collaboration with others assisted in the passage of several pieces of legislation on behalf of Idahoans with disabilities. Russ was recognized by the National Association of Social Workers - Idaho Chapter in 2002 as the public citizen of the year for his work with people with disabilities. In 2009 Russ was honored as a health care hero by the Idaho Business Review.

Fred Steele, JD, was appointed by Governor Kate Brown in September 2015 to be Oregon's Long-Term Care Ombudsman and Agency Director of the Office of the Long-Term Care Ombudsman. Fred has focused his career on advocating for older adults and individuals with disabilities, with particular focus on enhancing infrastructure to maximize independence of Oregonians. He holds a J.D. From Willamette University College of Law and an M.P.H. from Portland State University. Fred relaxes in his free time by camping, hiking, and watching sports with his wife, two young sons, and their dog.

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